

New Victory Sensory-Friendly Performance

Show Guide



This guide will prepare you for the show *l'mPossible*. It will help you know what to expect at the New Victory Theater.

A Sensory-Friendly Performance will offer the following:



Photo: Alexis Buatti-Ramos

A welcoming environment!

NEW VICTORY audiences are invited to react to the performance any way that feels comfortable. You are invited to clap, use a fidget, chat with a neighbor, vocalize and safely move around the theater.

Lighting and sound adjustments

Sensory supports such as headphones, earplugs, fidgets and sunglasses

Hands-on arts activities led by New Victory Teaching Artists

Cozy Zone, Activity Area and Accessibility Table found in the lower lobby

Headsets for a complete audio description of the show and an accompanying touch table are available in the lower lobby. *I'mPossible* will be simultaneously presented in English and American Sign Language.

FUN FACT: Omnium is the first comprehensively inclusive and accessible circus company in the United States! Every single one of their performances is Sensory-Friendly and includes audio description and American Sign Language.



The lower lobby opens **45 minutes** before the show. You can choose to participate in hands-on arts activities led by New Victory Teaching Artists.

With the Teaching Artists before the show, you can learn to:

- Balance feathers
- Juggle scarves
- Sign your name in American Sign Language
- Pose your body to make different shapes

On your own or with help from your grown-up or usher, you can make pipe cleaner sculptures based on pictures of different circus performers. You can also draw your own circus performer on a coloring sheet near the cafe area. These self-guided activities are open before the show and 20 minutes after the show.



In the lower lobby you can also find: water fountains, bathrooms, a Cozy Zone, an activity area and our Accessibility Table.

Cozy Zone



A quiet place to relax with fidget tools and bean bag chairs.

Activity Area



A place where you can take a break with coloring sheets and fidget tools and a live video feed of *l'mPossible*.

Accessibility Table



A place where you can pick up fidgets or earplugs. You may also turn in a government-issued ID to borrow ear defenders or light sensitivity sunglasses. The Accessibility Table also stores bariatric and standard wheelchairs, which are available to borrow during your visit to make navigating the theater more convenient.



Photo: Maike Schulz

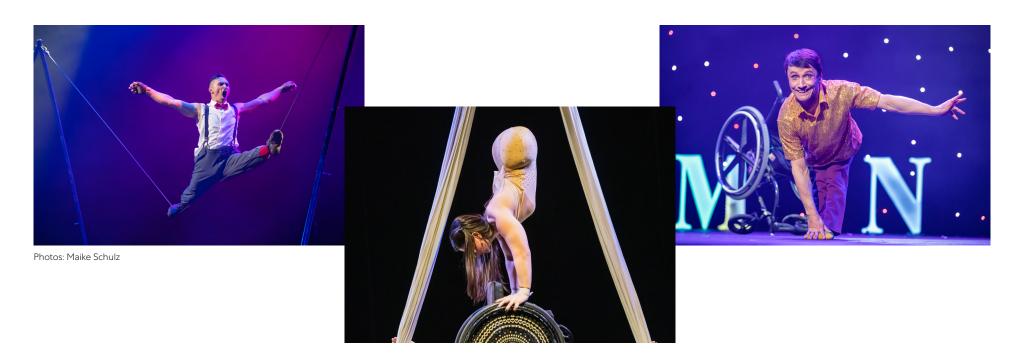
l'mPossible is the story of a young girl who has a dream to join the circus. She confronts a world full of challenges. Through an awe-inspiring, madcap circus adventure, she finds the strength, courage and perseverance to change her life forever.

I'mPossible is 1 hour, 50 minutes.

There is a 15-minute intermission.

During intermission, you can use the bathroom, take a break, have a snack in the Lower Lobby, or remain in your seat.

I'mPossible is presented by Omnium Circus.



l'mPossible's inclusive ensemble features an award-winning gymnast who uses a wheelchair, an aerialist born without legs, a Deaf storyteller and many more.

The diverse cast of extraordinary talent comes from all over the globe, representing Mexico, Argentina, Russia, Austria, Italy and the United States.

FUN FACT: Omnium, a Latin word, means "of all and belonging to all."



l'mPossible has singing, dancing and circus acts, including the Cyr wheel, slack wire, aerial silk, juggling, clowning, contortion, crossbow and bow and arrow. The Ringmaster will welcome you to the show and guide you through the acts of the circus.



Photo: Maike Schulz



Cyr Wheel

Clowning

Jump Rope



A circus act in which an acrobat moves, dances, and does tricks within a single large ring made of aluminum or steel. An acrobat is a type of circus artist who performs gymnastic acts—or acrobatics—with ease and grace.



A circus act in which clowns use physical comedy to make the audience laugh.

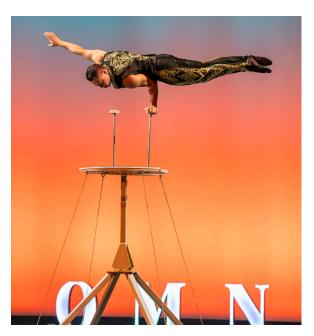


A circus act in which the King Charles Troupe jumps rope using multiple ropes and multiple people.

Cube

A circus act in which a performer juggles a giant cube.

Hand Stand, or Hand Balancing



A circus act in which a performer holds their body upside down using their hands and arms as support.

Slack Wire



A circus act in which an acrobat balances on and moves along a flexible, thin wire suspended in the air.

Aerial Silk



A circus act in which an aerialist performs acrobatics while hanging from a length of fabric. An aerialist is a type of circus artist who performs acrobatics with ease and grace high above the ground.

Acrobatic Wheelchair Dance



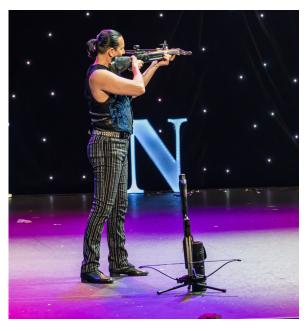
A circus act in which an acrobat dances and balances in and out of his wheelchair.

Contortion Bow and Arrow



A circus act in which an acrobat bends and twists their body and then fires an arrow at a target.

Crossbow, Bow and Arrow



A circus act in which a performer uses a crossbow and/or bow and arrow to do tricks.

Juggling



A circus act in which a juggler repeatedly throws and catches different objects in various patterns.

Everyone who performs circus acts has practiced for a very long time. Do not try the things that they do because these things take lessons and practice. The performers are safe because they have spent a lot of time learning how to do their tricks. You may want to take lessons and learn how to do tricks, too.

There are moments in *l'mPossible* that may make you feel scared or nervous. If you are feeling any of those emotions, we encourage you to:

Close or cover your eyes



Use a fidget tool





Talk to a grown-up or friend



Take a few breaths



Close or cover your ears



Take a break in the Lower Lobby



You may also feel excited and happy! If you are feeling any of those emotions, we encourage you to:

Laugh



Vocalize or chat with a neighbor



Move in a way that feels comfortable to you





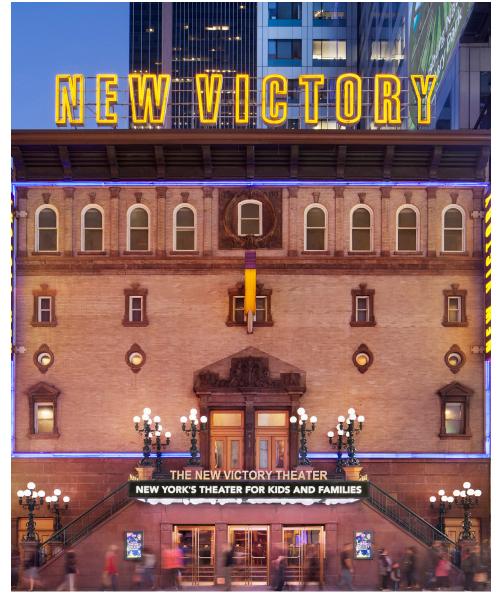


Photo: Mark LaRosa

We hope you enjoy *I'mPossible* at the New Victory Theater!

Please find our next Sensory-Friendly show date below:



Four Go Wild in Wellies Sunday 6/2 at 10am

