

# BEAT SHOWDOWN

In this dance you must (circle one in each box below):

*THEN...*

<b>ACTION</b> Stomp Clap Slide Tap Shake	<i>your</i>	<b>BODY PART</b> Feet Hands Fingers Head	<i>for</i>	<b>COUNT</b> 4 beats 8 beats 16 beats				
<b>ACTION</b> Stomp Clap Slide Tap Shake	<i>your</i>	<b>BODY PART</b> Feet Hands Fingers Head	<i>while</i>	<b>ACTION</b> Stomping Clapping Sliding Tapping Shaking	<i>your</i>	<b>BODY PART</b> Feet Hands Fingers Head	<i>for</i>	<b>COUNT</b> 4 beats 8 beats 16 beats
<b>ACTION</b> Stomp Clap Slide Tap Shake	<i>your</i>	<b>BODY PART</b> Feet Hands Fingers Head	<i>for</i>	<b>COUNT</b> 4 beats 8 beats 16 beats				

**AND FINALLY...**

\_\_\_\_\_ your \_\_\_\_\_ for \_\_\_\_\_ beats!  
*ACTION* *BODY PART* *COUNT*