

A TIME I FELT AT HOME:

I am made of:

A TIME I FELT TRULY ACCEPTED:

I am made of:

A TIME I FELT CONNECTED TO AN OBJECT I OWN:

I am made of:

A TIME I FELT LOVED:

I am made of:

I AM

your name

EXAMPLE

A time I felt at home:

I am made of:

the first moment I sang
in front of an audience

A time I felt truly accepted:

I am made of:

the car ride home after a
long day, knowing I'll be
with the people I love soon.

A time I felt connected to an object I own:

I am made of:

hugging my stuffed cat
I've had my whole life
when I feel lonely

A time I felt loved:

I am made of:

finding notes of encouragement my
dad had hidden in the jacket I wore
to school on the day I had a tough test