First, respond to the following prompts:

A) A body part: ____________________________
B) a number between 5 and 8: ____________
C) Another body part: _____________________
D) Another number between 5 and 8: ______
E) Arm or leg: ____________________________
F) A number between 1 and 4: ____________
G) Arm or leg: ____________________________
H) Another number between 1 and 4: ______
J) Action Verb (like run, jump or swim): _____
K) A number between 1 and 8: ____________

Then, follow the instructions below to create an original dance:

Shake your right (A) in the air (B) times.
Move your (C) up and down (D) times.
Wave your left (E) to the left (F) times.
Then wave your right (G) to the right (H) times.
(J) in place (K) times.